bread and <mark>bu</mark> tter	toast	hot / cold <mark>ce</mark> real	<mark>pan</mark> cakes with <mark>ma</mark> ple <mark>sy</mark> rup
<b>jam</b> ( <mark>mar</mark> melade)	<mark>pea</mark> nut butter	ham	<mark>ba</mark> con and eggs
sausages with to <mark>ma</mark> toes & baked beans	cheese	<mark>yo</mark> gurt	fruit
<mark>ho</mark> ney	nuts	<mark>su</mark> gar	<mark>o</mark> range juice
milk	hot <mark>choc</mark> olate	tea	<mark>coff</mark> ee